

Further information

Information on who to contact, ie web sites / telephone numbers of other departments / organisations which may be of help.

How to contact us

Upper GI Team

Watford General Hospital
West Hertfordshire Hospitals NHS Trust
Vicarage Road
Watford
Hertfordshire
WD18 0HB

01923 217876

If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217 187** or email westherts.pals@nhs.net



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**West Hertfordshire
Hospitals**
NHS Trust



A guide to...

Upper GI Cancer Multidisciplinary Team (MDT)

Patient information

Upper GI cancer services
Watford General Hospital
Hemel Hempstead Hospital
St Albans City Hospital

In addition there are Macmillan Cancer Information and Support Centres where you can visit and receive information. These centres are located at:

Macmillan Information and Support Centre, Watford General Hospital, Level 2 of the Main Building, opposite the main reception. **Tel:** 01923 436 326

Lynda Jackson Centre, Mount Vernon Cancer Centre, Northwood. **Tel:** 020 3826 2555

The Macmillan Helpline: 0808 808 0000
www.macmillan.org.uk

Patient Advice and Liaison Service (PALS)

The Trust's Patient Advice and Liaison Service (PALS) are available to patients and families who would like to raise any concerns or issues with the way that they have been treated.

Tel: 01923 217 198

Email: westherts.pals@nhs.net.

Useful contact numbers

Watford General Hospital Switchboard	01923 244 366
Hemel Hempstead Hospital Switchboard	01442 213 141
St Albans City Hospital Switchboard	01727 866 122
Mount Vernon Hospital Switchboard	020 3826 2020
Hammersmith Hospital Switchboard	020 3313 1000

If this leaflet is required in any other language, please contact the Patient Advisory and Liaison Service on **01923 217 198**.

The Upper GI Cancer Multidisciplinary Team (MDT)

This is a specialist team of health professionals which includes:

- A Consultant Surgeon – who specialises in Upper GI surgery.
- An Oncologist – a consultant doctor who specialises in treating cancer.
- Macmillan Clinical Nurse Specialist – a specialist nurse who provides advice, information and support.
- A Radiologist – a consultant doctor who specialises in examining scans and x-rays.
- A Histopathologist – a consultant doctor who specialises in examining tissue samples in a laboratory.
- A Consultant Gastroenterologist - specialises in illness affecting the digestive system.
- Dietician - specialised in advising on nutrition.
- Physiotherapist— specialised in advising on exercise and recovery before and after having an operation.

The Upper GI Cancer Multidisciplinary Team (MDT) meets every week on a Monday from 12.00 pm. During this meeting, the Upper GI team will discuss your case and your test results and decide on the most appropriate treatment options for you. Following the meeting, when you attend your next clinic appointment with your team of consultants, the options will be discussed with you and help you make an informed choice.

This appointment can be at either Watford General, Hemel Hempstead or St Albans City Hospitals.

The next step

Once you have an upper GI cancer diagnosis the treatment may include some or all of the following:

- Chemotherapy - usually administered at Mount Vernon Hospital
- Endoscopy procedures - Watford General Hospital
- Radiotherapy - always done at Mount Vernon Hospital
- Surgery - always done at Hammersmith Hospital
- Clinical trials - always done at Mount Vernon Hospital

What information and support is available?

The Clinical Nurse Specialist (CNS) is your key worker during your investigations and treatment at the hospital.

The key worker is the person who you can contact directly to talk about your care and treatment. There is a team of Clinical Nurse Specialists who provide the key worker role. They are specially trained in Upper GI cancers and offer a holistic assessment with advice, emotional support and information to patients and their families.

Your key worker will make sure that you have written information about the type of cancer you have and treatment you may need. Some of this information will be booklets produced by national cancer organisations which have been approved by cancer charities and patients' organisations. Your key worker can advise you about benefits that may be available for you and about free prescriptions for cancer patients.

The Clinical Nurse Specialists (CNS) in your team are:

Jennifer Meller

Tel: 01923 436021 or 07388 993785

(Monday, Tuesday, Wednesday and Friday)

Sarah Cleary

Tel: 01923 436021 or 07741 078055

(Monday, Thursday and alternate Tuesdays)

Upper GI Consultants

Mr Jeremy Livingstone, Consultant Surgeon

Secretary: Claire O'Shea

Tel: 01923 217876

Mr Ahmed Al-Bahrani, Consultant Surgeon

Secretary: Claire O'Shea

Tel: 01923 217876

Dr Anthony Leahy, Consultant Gastroenterologist

Secretary: Ann Reeve

Tel: 01923 217291

Dr Mark Fullard, Consultant Gastroenterologist

Secretary: Tracey Nicodimou

Tel: 01442 287060

Dr Mohamed Shariff, Consultant Gastroenterologist

Secretary: Carys Hodson

Tel: 01923 217893

Dr Arash Vaziri, Consultant Gastroenterologist

Secretary: Deborah Williams

Tel: 01923 217893

Dr Mark Harrison, Consultant Oncologist

Secretary: Letitia Dixon

Tel: 0203 826 2512

Dr Neel Bhuvra, Consultant Oncologist

Secretary: Letitia Dixon

Tel: 0203 826 2512